



TUNING INTO KIDS

A five week program exploring emotionally intelligent parenting.



Wednesdays

4 May - 1 June 2022
10.00am – 12.00pm



Via Zoom



\$10.00

The program will show you how to help your child develop emotional intelligence.

You will learn how to:

- Be better at talking with and understanding your child
- Help your child learn to manage their emotions
- Prevent behaviour problems in your child
- Teach your child to deal with conflict.

Children with high emotional intelligence:

- Have greater success with making and keeping friends
- Have better concentration at school
- Are more able to calm down when angry or upset
- Tend to have fewer childhood illnesses.

Please note this group is limited to 15 participants.

**MORE INFO &
REGISTRATIONS**

P: 1800 324 924

E: intakefs@catholiccaredbb.org.au

W: catholiccaredbb.org.au

Register: <https://form.jotform.com/220520892488865>