

# THERAPY SERVICES

## HOW DO WE HELP?

Psychological, Communication, Sensory, Occupational Therapy, Needs & Strengths Based, Capacity & Family Assessments

Treatments such as counselling, psychology, group and individual services

Child Inclusive Practice

Critical incident debriefing

Vicarious trauma supports

Report writing

Consultation on behaviour support, therapeutic practice and wellbeing initiatives

## OUR TEAM

Our Therapy Services Team are highly experienced with backgrounds spanning Counselling, Psychology, Social Work, Occupational Therapy and Behaviour Support.

We provide services for children and adults. With specialties in trauma counselling, positive behaviour support, communication supports, disabilities, sensory support and wellbeing, we offer both standard and tailored solutions designed to help you, or your loved ones, live positive fulfilling lives.

## WHAT'S INVOLVED?

We discuss your needs

We suggest ways we can assist and how you can access supports

Set goals and work with you to meet these

Review progress and make changes if needed – we are with you every step of the way

Make referrals or recommendations to other supports if needed

When you are ready, support you to move on with a toolbox of skills.

## MORE INFO & BOOKINGS:

P: 1800 324 924

E: [info@catholiccaredbb.org.au](mailto:info@catholiccaredbb.org.au)

W: [catholiccaredbb.org.au](http://catholiccaredbb.org.au)

Services are available via direct payment, or through NDIS, Medicare & Victims of Crime with relevant referral support evidence.