



Thursdays
9.00am - 3.00pm



3 McAuley Place, Waitara



NDIS funding

Our racquet sports program has a particular social focus with organised tournaments at local community courts as clients build on their skills. Sports using a racquet like tennis, squash and badminton are used to develop gross motor skills.



Topics & Outcomes:

TRAVEL SKILLS

FITNESS

GROSS MOTOR SKILLS

COMMUNITY ENGAGEMENT

SOCIALISING

HEALTHY COMPETITION

COME JOIN US

Disability Futures

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