

*CatholicCare*

Diocese of Broken Bay

SENIORS

COMING  
2021



**PREMIUM  
CARE AND  
SUPPORT**

**FOR YOUR HOME CARE PACKAGE**

**(02) 9481 2659**

**[www.catholiccaresdbb.org.au/hcp](http://www.catholiccaresdbb.org.au/hcp)**

## **We are the social care agency of the Catholic Church in the Diocese of Broken Bay.**

Commencing in early 2021, we will be able to manage your Home Care Package in partnership with you across the Northern Sydney & Central Coast regions.

We provide personalised support services across both in-home and community-based settings, including access to our Memory Innovations Centre programs tailored for those concerned about their memory.

Australia enjoys one of the highest standards of living in the world, and we're living longer.

You may finally have time to think about doing things you always wanted to do. For many it's a time of exploration and adventure. On the other hand, some people may experience declining health, mobility issues or loneliness, and may need to rely on others for support.

**This is where CatholicCare can help.**

Arranging care can be a challenge. But you're not alone — we're here to help you through the process.



## How can we help you?

Funded by the Australian Government, we help you to remain living at home whilst being as independent as possible. Our Home Care Packages help you get out and about, keep up with daily activities and maintain your health and wellbeing.

We partner with our clients to find the best solutions possible. We'll listen and help you decide on the services that best meet your individual needs.

Matching the right locally based care worker for you is paramount and we put a lot of focus on making sure we get that right.



## Your choice, your way

Your package will be managed with dignity and choice. We will ensure financial transparency and exceptional communication in management of your Home Care Package.

Whether your care is in the form of a Government package (Level 1, 2, 3 or 4) or is privately funded, we can help you determine which services are right for you.

If you are on the waitlist, looking for a provider or unsure how to navigate the Aged Care system, our Home Care Package specialists are happy to assist you.



**YOUR LIFE,  
YOUR STORY**

## **What can we help with?**

- General household assistance including housekeeping, meal preparation and shopping
- Support maintaining your yard and garden
- General handyman tasks and home modifications
- Clinical care including nursing, physiotherapy and more
- Art and dance therapy
- Help to maintain your brain health through our Memory Innovations Centre
- Companionship and someone to laugh with
- TeleHealth consultations and appointments
- Respite for carers to take a break from their role ... and more.



CONTACT US

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**W: [www.catholiccareddb.org.au/hcp](http://www.catholiccareddb.org.au/hcp)**