



CatholicCare  
Diocese of Broken Bay

## KEEPING KIDS IN MIND

### A 5 week course for parents experiencing conflict after separation.



**Wednesdays**

5,12,19 26 August  
& 2 September 2020  
6.00 – 8.30pm



**Via Zoom**



\$100

This course is designed to assist parents to see through their children's eyes the experience of parental separation. You'll also develop a greater understanding about how to support your children.

Topics include:

- Grief and loss after separation
- The hidden world of children
- Rebuilding resilience
- Bridging the gap
- Looking back, moving forward

*Keeping Kids in Mind* is facilitated by qualified and experienced counsellors, social workers, mediators and educators. Participants must register, participate in a pre-group interview and pay prior to attending the course.

Keeping Kids In Mind

**BOOKINGS  
ESSENTIAL VIA:**

Naremburn Family Centre  
P: (02) 8425 8700  
E: [intakefs@catholiccareddb.org.au](mailto:intakefs@catholiccareddb.org.au)  
W: [catholiccareddb.org.au](http://catholiccareddb.org.au)