

KEEPING KIDS IN MIND

A 5 week course for parents experiencing conflict after separation.



Tuesdays

6.00pm – 8.30pm
12 May – 9 Jun 2020

Tuesdays

6.00pm – 8.30pm
27 Oct – 24 Nov 2020



Naremburn Family Centre

40 Merrenburn Avenue



\$100

This course is designed to assist parents to see through their children's eyes the experience of parental separation. You'll also develop a greater understanding about how to support your children.

Topics include:

- Grief and loss after separation
- The hidden world of children
- Rebuilding resilience
- Bridging the gap
- Looking back, moving forward

Keeping Kids in Mind is facilitated by qualified and experienced counsellors, social workers, mediators and educators. Participants must register, participate in a pre-group interview and pay prior to attending the course.

Note: Free parking is available.

**BOOKINGS
ESSENTIAL VIA:**

Naremburn Family Centre
P: (02) 8425 8700
E: nfc@catholiccaredbb.org.au

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