



**Fridays**  
9.00am - 3.00pm



**3 McAuley Place, Waitara**



**NDIS fees**

Have fun, make new friends, try new activities and explore your local community and the world beyond.

Whether you enjoy playing sports, getting outdoors, going to special events or visiting new places - we can support you to have fun with your family and current friendship groups ... or to socialise and make friends in new interest or activity groups. Our aged-based programs offer a wide variety of leisure, sport and social activities which you can choose from, depending on your personal interests and schedule. All activities are designed to enable the achievement of individual goals within a social setting.

# FRIDAY SOCIAL

END THE WEEK WITH A SOCIAL  
OUTING WITH FRIENDS

Program code: **FRS01**



## Topics & Outcomes

SOCIAL SKILLS

COMMUNITY PARTICIPATION

COMMUNITY ACCESS

INDEPENDENCE

POSITIVE RELATIONSHIPS

EXPLORE INTERESTS

PHYSICAL FITNESS

MONEY SKILLS

SAFE TECHNOLOGY USE

## COME JOIN US

### Disability Futures

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