

# FANCY FEET DANCE & MOVEMENT

A CLASS DESIGNED FOR  
ALL ABILITIES



## Topics & Outcomes

SOCIAL ACTIVITY WITH PEERS

DEVELOP DANCE MOVES

REMEMBERING SEQUENCES

IMPROVE FITNESS

IMPROVE COORDINATION

PERFORM AS A GROUP



Illustration of two people dancing. One person is standing and wearing a green sweater and dark pants. The other person is sitting in a wheelchair, wearing a yellow shirt and dark pants. They are both smiling and have their arms raised in a dance pose.

 **Thursdays**  
9.00am - 3.00pm

 **Disability Futures Brookvale**  
Unit 9B/44 Wattle Road

 **\$15.00 per lesson**

An interactive all-inclusive 12 week dance and movement class facilitated by fully trained dance professionals.

Focus on engaging with peers while having fun, laughing and getting active.

## COME JOIN US

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