



DAYSS (DRUG & ALCOHOL YOUTH SUPPORT SERVICES)

A free and confidential service for 12 – 24 year olds on the Northern Beaches & Lower North Shore. Empowers young people to create positive change in their own lives and communities. We also support parents who have children effected by drugs and alcohol.



One-on-one
Support



After Care
Support



School & Community
Education Programs



Outreach



ONE-ON-ONE SUPPORT

- We offer one-on-one support using a harm reduction model through either case management, counselling or mentoring.
- Our staff can meet young people and/or parents at home, school, at our family centre or in a public place.
- We work with young people or their parents/guardians experiencing substance abuse.
- We also help young people who are effected by someone else's drug and/or alcohol misuse.
- We provide Work Development Orders to assist young people to pay off their fines.



AFTER CARE SUPPORT

DAYSS offers after care support for young people who are exiting residential rehabilitation services or clinical/therapeutic services and need that additional support to get back into their communities without forgetting the skills they have learnt during their clinical support.



SCHOOL & COMMUNITY EDUCATION PROGRAMS

DAYSS provide drug and alcohol education programs within schools and community groups. These programs are catered to the needs of the group and can range from weekly programs to one-off presentations.



OUTREACH

DAYSS deliver a range of outreach services including street work where we are out and about in outdoor locations providing young people free food/water and support to ensure they are safe. You'll find us at a range of youth events such as band nights, festivals or skate and surf comps. We also have a Youth Advisory Group that helps the team develop innovative ways to promote safe partying within the community.



MORE
INFO:

Northern Beaches & Naremburn

Family Centres

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