



**DAYSS**  
YOUTH SUPPORT SERVICE  
DRUG & ALCOHOL

*CatholicCare*  
Diocese of Broken Bay

## DAYSS (DRUG & ALCOHOL YOUTH SUPPORT SERVICES)

**A free and confidential service for 12 – 24 year olds in the Northern Beaches area. Empowers young people to create positive change in their own lives and communities. We also support parents who have children effected by drugs and alcohol.**



One-on-one  
Support



After Care  
Support



School & Community  
Education Programs



Outreach



### ONE-ON-ONE SUPPORT

We offer one-on-one support using a harm reduction model through either case management, counselling or mentoring. Our staff can meet young people and/or parents at home, school, at our family centre or in a public place. We work with young people or their parents/guardians experiencing substance abuse or immediately surrounded and effected by use.



## AFTER CARE SUPPORT

DAYSS offers after care support for young people who are exiting residential rehabilitation services or clinical/therapeutic services and need that additional support to get back into their communities without forgetting the skills they have learnt during their clinical support.



## SCHOOL & COMMUNITY EDUCATION PROGRAMS

DAYSS provide drug and alcohol education programs within schools and community groups. These programs are catered to the needs of the group and can range from weekly programs to one-off presentations.



## OUTREACH

DAYSS deliver a range of outreach services including street work where we are out and about in outdoor locations providing young people free food/water and support to ensure they are safe. You'll find us at a range of youth events such as band nights, festivals or skate and surf comps. We also have a Youth Advisory Group that helps the team develop innovative ways to promote safe partying within the community.



MORE  
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