



CatholicCare  
Diocese of Broken Bay

# CIRCLE OF SECURITY PARENTING PROGRAM

**A seven week program for parents and babies up to 6 months old**



**Thursdays**  
7 May - 18 June 2020  
10.00am - 12.00pm



**Northern Beaches  
Family Centre**  
116/20 Dale Street Brookvale



\$30

## Topics include:

- Understand your child's needs and behaviour
- Help your child manage their emotions
- Develop skills to build a positive relationship with your child
- Develop their confidence and self-esteem.



**Circle of Security**  
INTERNATIONAL  
*Early Intervention Program for Parents & Children*

**YOUR BABY  
IS WELCOME**

**BOOKINGS  
ESSENTIAL**

Northern Beaches Family Centre  
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