



**NEW  
SENIORS  
PROGRAM**

**SUPPORTING THE  
CREATIVITY OF SENIORS**

**BOONAH**  
CREATIVE ARTS CENTRE  
WEST PYMBLE

**2nd & 4th Friday's each month**  
**9.30am - 12.00pm or 12.30pm - 3.00pm**

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**Shop 27, Philip Mall, West Pymble**

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**\$50 per session**

**\$25 concession** *(for those on full pension)*

We run classes for seniors who are interested in building or enhancing their creativity in a social setting. At the heart of the centre is the wellbeing of the group. The program also supports people with early stage dementia.

The students are supported by highly trained facilitators who bring a mix of therapeutic and artistic talent combined with extensive experience in the care sector.

Making art boosts self-confidence and improves wellbeing. With small classes and a friendly, relaxed environment individuals can work at their own pace. The environment is ideal for those who may not have a place in their own homes to make art and the associated mess! All materials are provided.

Boonah holds its annual art exhibition in December and artists are encouraged to participate. The majority of proceeds go back to artists and the experience generates a great deal of camaraderie within the Boonah family.

This program can be accessed through Government support centre-based respite funds for those who are eligible. Should you need information or assistance to access the subsidy via My Aged Care, please contact us.

Disability Futures & Aged Care

P: (02) 9488 2500

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W: [www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au)

**CatholicCare**

Diocese of Broken Bay