

STARTS  
16 FEBRUARY  
2023

## ABORIGINAL & TORRES STRAIT ISLANDER SUPPORTED PLAYGROUP

Provides a relaxed and friendly environment for Aboriginal & Torres Strait Islander families and carers to bring their children to socialise and engage in culturally fun activities with other children.

### KATE'S PLACE

29 YARDLEY AVENUE WAITARA

- Fun activities such as, craft, story time and rain making.
- Guest speakers on child development.
- Parenting experts will offer tips on:
  - Attachment with your baby/infant
  - Boundaries and routines
  - Managing 'big feelings'.
- Learn about self care.
- A range of cultural activities.

### WEEKLY FROM 16 FEBRUARY 2023

10.00AM - 11.30AM

We are also planning on introducing some baby massage lessons and much more!

Come along and access parenting supports, community and meet other parents in a culturally supportive environment.

Bring some fruit or snacks for your little ones and we'll supply tea and coffee.

## MORE INFO & BOOKINGS

Simone - Intake Family Support

P: 0481 602 083

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W: [www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au)

ALWAYS WAS, ALWAYS WILL BE ABORIGINAL LAND



We acknowledge the traditional custodians of the land across our Diocese. We recognise the Aboriginal people as holding memories, the traditions and the culture of the lands we live and work upon. We pay our respects to Elders past, present and emerging.

